



Quiz: Prescription Drug Abuse

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Instructions: After reviewing **Facts on Drugs: Prescription Drug Abuse** on the *NIDA for Teens* Web site (<http://teens.drugabuse.gov>), take this short quiz to test your knowledge.

1. People are abusing a prescription drug if _____.
 - a) it was prescribed for someone else
 - b) they use more than the doctor prescribed
 - c) they take the drug for entertainment or pleasure
 - d) all of the above

2. Prescription drug abuse can be _____.
 - a) not as risky as using illegal drugs, such as heroin and cocaine
 - b) as risky as using illegal drugs, such as heroin and cocaine
 - c) risky only if the drugs were prescribed for someone else
 - d) risky only if a person takes the drugs again and again

3. The side effects of opioids can include _____.
 - a) slowed breathing and constipation
 - b) addiction and dependency
 - c) irregular heart rate and high blood pressure
 - d) both A and B

4. When people with attention deficit hyperactivity disorder (ADHD) take a stimulant prescribed by a doctor, _____.
 - a) they have increased alertness, attention, and energy so they can focus
 - b) they are at risk for addiction
 - c) they feel high
 - d) they must break or crush the pill

5. Central nervous system depressants are prescribed for _____.
 - a) people with anxiety or sleep problems
 - b) people with attention deficit hyperactivity disorder (ADHD)
 - c) people with chronic pain
 - d) people with severe coughing or diarrhea

6. Slowed breathing is a side effect of _____.
 - a) opioid painkillers
 - b) opioid painkillers and central nervous system depressants
 - c) central nervous system stimulants
 - d) central nervous system stimulants and depressants

7. Which one of the following statements is true?
 - a) Prescription and over-the-counter drugs are among the most commonly abused drugs by 12th graders, after alcohol, marijuana, and tobacco.
 - b) In 2010, more teens abused cocaine or heroin than prescription drugs.
 - c) The prescription drug least often abused by teens is painkillers.
 - d) Taking another person's prescription medication is fine as long as you follow the directions.

8. An overdose of stimulants can cause _____.
 - a) anxiety and tremors
 - b) irregular heartbeat
 - c) dangerously high body temperatures
 - d) all of the above

Answer Key: Prescription Drug Abuse Quiz

1. **D:** People are abusing a prescription drug if it was prescribed for someone else, if they use more than the doctor prescribed, or if they take the drug for entertainment or pleasure.
2. **B:** Prescription drug abuse can be just as risky as using illegal drugs, such as heroin and cocaine. Prescription drug abuse is also risky if the drugs were prescribed for someone else or if the drugs are taken again and again.
3. **D:** The side effects of opioids can include slowed breathing, constipation, addiction, and physical dependency.
4. **A:** When people with ADHD take a stimulant prescribed by a doctor, they have increased alertness, attention, and energy so they can focus.
5. **A:** Central nervous system depressants are prescribed for people with anxiety or sleep problems.
6. **B:** Slowed breathing is a side effect of opioid painkillers and central nervous system depressants.
7. **A:** Prescription and over-the-counter drugs are among the most commonly abused drugs by 12th graders, after alcohol, marijuana, and tobacco.
8. **D:** An overdose of stimulants can cause anxiety and tremors, irregular heartbeat, and dangerously high body temperatures.