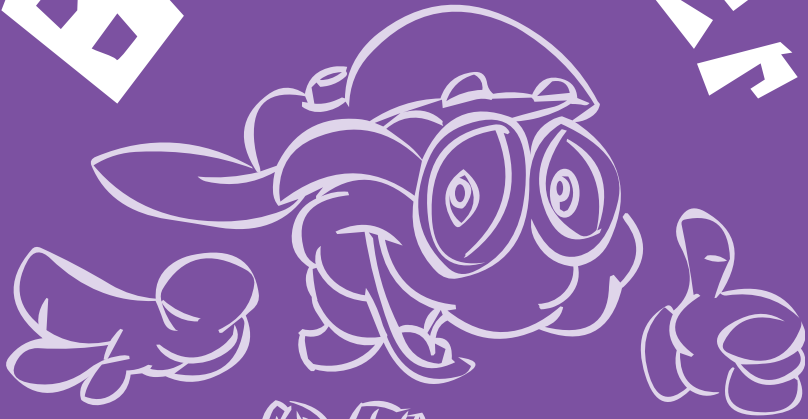


Brain Power



JUNIOR SCIENTISTS

• NIDA •

Brain Power



JUNIOR SCIENTISTS

• NIDA •

## Nicotine

◊ NIDA ◊



Nicotine is a chemical that is found in cigarettes and other tobacco products. Smoking cigarettes is very bad for you. It is not healthy for your body or your brain.

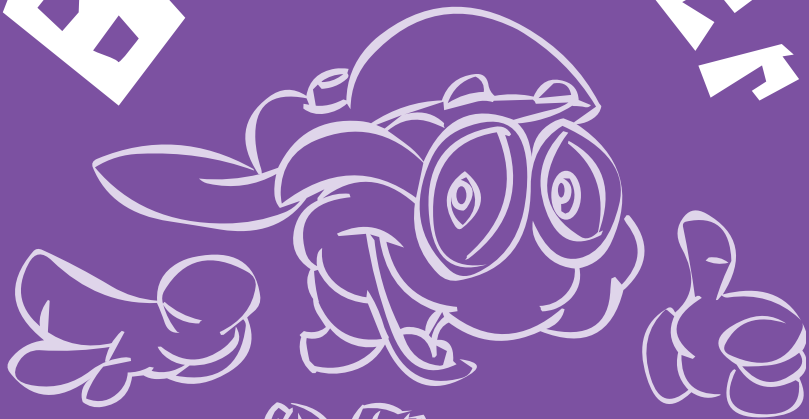
## Alcohol

◊ NIDA ◊



Alcohol is found in drinks like beer and wine. Children are not allowed to drink alcohol. Adults can drink alcohol but not too much, or it can hurt them.

Brain Power



JUNIOR SCIENTISTS

• NIDA •

Brain Power



JUNIOR SCIENTISTS

• NIDA •

## Aspirin and Tylenol



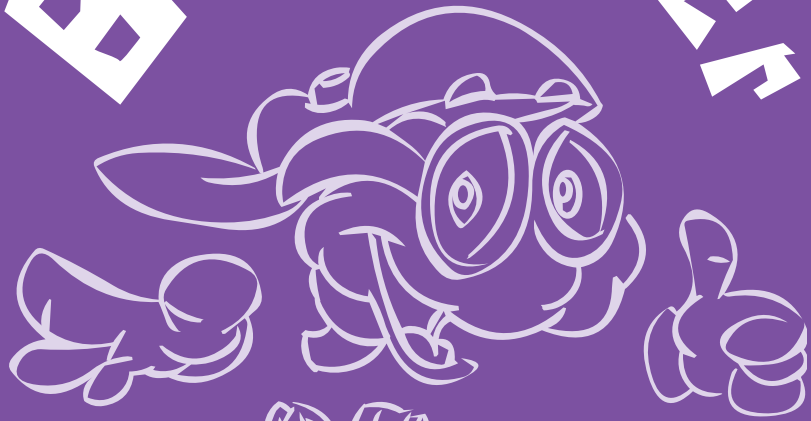
Aspirin and Tylenol can help some aches and pains go away. Children should only take aspirin and Tylenol if they are given by a parent or a doctor.

## Antibiotics



Antibiotics are medicines that kill bacteria in the body. A doctor will give antibiotics for illnesses like an ear infection or strep throat.

Brain Power



JUNIOR SCIENTISTS

• N/DA •

Brain Power



JUNIOR SCIENTISTS

• N/DA •

## Trusted Adults



GRANDMA  
MOM  
DAD  
NANNY  
DOCTOR  
NURSE  
TEACHER

Take medicine only from  
people you know and trust.

## Protect Your Brain

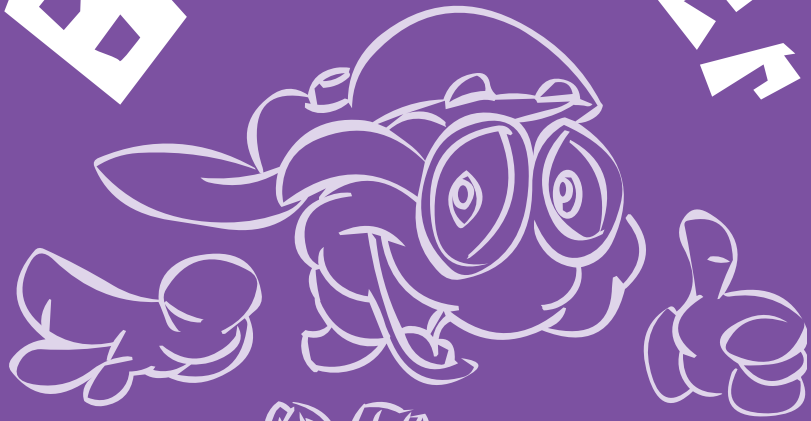


S Z S K L V I H S S  
E S I C R E X E A P  
M Y E M D L B F N E  
Z D S E A E E I R E  
P O X I T T A Y L L  
M B L H Y R K T A S  
J U R G B H D R I O  
J U X A M L M O E C  
E K A J Q W O C C W  
X L B N T J D Z A S

## Word Bank

BETH	EXERCISE	MAX
BODY	JUAN	SAFETY
BRAIN	JULIA	SLEEP
CORTY		

Brain Power



Junior Scientists

• N/DA •

Brain Power

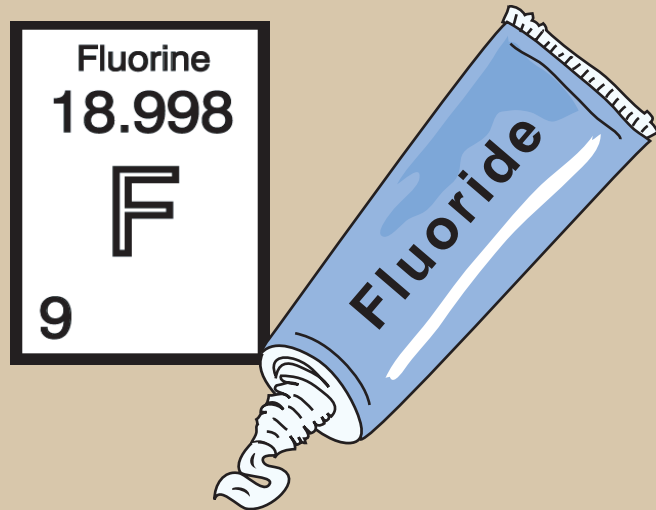


Junior Scientists

• N/DA •

## Fluoride

**NIDA**

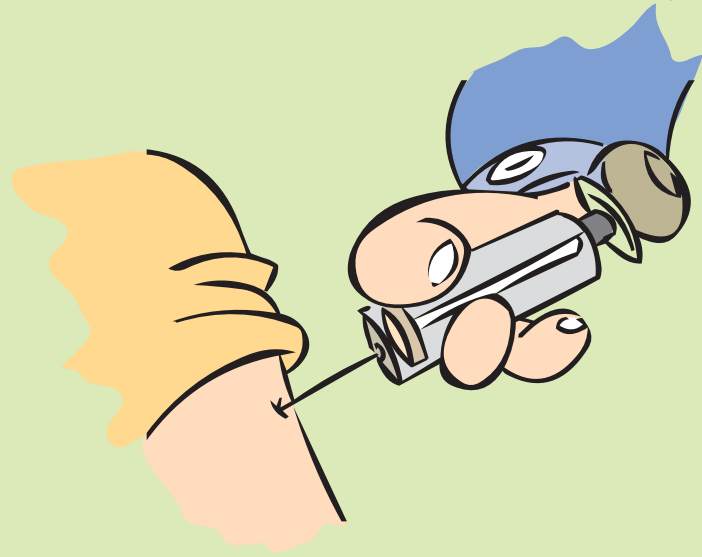


Fluoride is very important for children to use. It makes children's teeth strong.

Fluoride is found in toothpaste, mouthwash, and even in the water you drink.

## Immunizations

**NIDA**



Immunizations can also be called vaccinations, inoculations, or "baby shots." Immunizations help the body fight off bad germs that can cause a person to get sick. Children are safe from diseases like measles and mumps because of these medicines.